

# **HEREFORDSHIRE AREA WALKS PROGRAMME**

## **October 2017**

All members and non-members are welcome to walk with any group.

### **OLD HILLS/MADRESFIELD COURT**

Date: **Sunday 1 October**  
Level: **Moderate**  
Distance: **7 miles**  
Meeting Place: **Old Hills CP, Callow End**  
Map/Grid Ref: **Exp190/SO 829487**  
Time: **10.00**  
Leader: **Kim**  
Contact: **07527 109455**

### **Leadon Vale Group**

From Old Hills down to, and then beside, the River Severn, through quiet hamlets of Pixham and Clevelode before traversing field paths towards the Malvern Hills and circling the privately-owned Madresfield Court. BPL.

### **TUESDAY MORNING WALK - Tuesday 3 October Ross Group (see 1 August for details)**

### **TEA SHOP WALK EXPLORING THE HILLS AND VALLEYS NW OF BROMYARD**

Date: **Wednesday 4 October**  
Level: **Moderate**  
Distance: **8.5 miles**  
Meeting Place: **Conquest Theatre, Bromyard**  
Map/Grid Ref: **EXP202/SO 653548**  
Time: **10.00**  
Leader: **Lynne and Mary**  
Contact: **01432 271769 or 357766**

### **Hereford Group**

Park by Theatre in Tenbury Road (fee). Turn into Bromyard and follow Theatre signs. Walk north through fields to Edwyn Ralph, then along the Herefordshire Trail and Three Rivers Ride, returning to The Snugg in Bromyard. On return everyone is expected to buy cake and tea. BPL.

### **MORNING WALK & TALK FROM THE POINT 4 - Thursday 5 October (see 3 August for details)**

### **ROSS GROUP COFFEE & CHAT Thursday 5 October (see 3 August for details)**

### **FRIDAY MORNING WALK – Friday 6 October – Hereford Group (see 1 September for details)**

### **HEREFORDSHIRE TRAIL: HIGH VINNALS - RICHARDS CASTLE**

Date: **Saturday 7 October**  
Level: **Moderate**  
Distance: **Approx 7 miles, undulating**  
Meeting Place: **Black Pool Car Park**  
Map/Grid Ref: **Exp203/SO 498718**  
Time: **10.00**  
Leader: **Jan**  
Contact: **01531 634527 or 07980 572535**

### **Leadon Vale Group**

Follow woodland paths up to High Vinnals, then turn south to pick up the Trail to Richards Castle, where we turn north to return to Black Pool. BPL.

### **FOREST OF DEAN IN AUTUMN**

Date: **Saturday 7 October**  
Level: **Moderate**  
Distance: **9.5 Miles**  
Meeting Place: **Ruspidge car park (free)**  
Map/Grid Ref: **OL14/SO 649127**  
Time: **10.00 (WRCP 09.20)**  
Leader: **Bob**  
Contact: **01989 769050 or 07985 004735**

### **Ross Group**

Car park (near GL14 3EZ) is at the former Ruspidge Halt railway station and nature reserve on the B4226 as you enter Ruspidge from the Forest of Dean. An energetic forest walk mainly on good tracks and paths. Visiting the ponds at Mallards Park and Cinderford's Linear Park. BPL

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### **HAY HO! BUS WALK - LITTLE MOUNTAIN TO HAY**

Date: **Sunday 8 October**  
Level: **Moderate**  
Distance: **8.5 miles**  
Meeting Place: **Hereford Railway Station (and stops on 39A bus route)**  
Map/Grid Ref: **EXP189/SO 515405**  
Time: **10.15**  
Leader: **Phil**  
Contact: **01981 500398or 07849 474903**

Members from elsewhere can park in Dorstone and catch the bus at 11.05. Walk via Alt Common, Cusop Hill, Newhouse Wood and Tack Wood. Time for tea in Hay before catching the bus back to Hereford (arr 18.23). BPL.

### **AFTERNOON TEA AT THE KOFFIE POT, GWYNNE STREET, HEREFORD.**

**Monday 9 October at 14.30. Dogs welcome, if under control. Mary H - Tel 01432 357766**

### **TUESDAY MORNING WALK - Tuesday 10 October Ross Group (see 1 August for details)**

### **FRIDAY MORNING WALK – Friday 13 October – Hereford Group (see 1 September for details)**

### **HEREFORD GROUP AGM**

**Saturday 14 October at 14.00** at Burghill Village Hall, preceded by a short, moderate morning walk at 10.00. BPL.

### **KING'S THORN, LITTLE BIRCH AND ACONBURY BUS WALK**

Date: **Saturday 14 October**  
Level: **Moderate**  
Distance: **7 - 8 Miles**  
Meeting Place: **Cantilupe Road, Ross**  
Map/Grid Ref: **EXP189/SO 598241**  
Time: **09.47 bus no 33 from Ross arrives at King's Thorn at 10.13**  
Leader: **Sally and Heather**  
Contact: **01989 565687, 01432 350341**

**Ross Group**  
Tracks, paths and green lanes take us through woodland and fields, over Aconbury Hill, through Athelstan's Wood and back through Little Birch. Return to Ross on 15.17 or 16.17 bus. If coming from Hereford, the 33 bus leaves the Bus Station at 09.53. Get off in King's Thorn at 10.17, return on 15.13 or 16.13 bus. BPL

### **TUESDAY MORNING WALK - Tuesday 17 October Ross Group (see 1 August for details)**

### **ROSS GROUP AGM**

**Tuesday 17 October at 19:00 for 19:30** at the Castle Lodge Hotel, Wilton, HR9 6AD.

### **SAPEY BROOK**

Date: **Wednesday 18 October**  
Level: **Easy**  
Distance: **5 miles**  
Meeting Place: **Whitbourne Village Hall (£1)**  
Map/Grid Ref: **Exp204/SO 720567**  
Time: **10.00**  
Leader: **Tom**  
Contact: **01886 821544**

**Leadon Vale Group**  
We explore the Sapey Brook and the woods and pastures of Whitbourne before returning for optional refreshments at The Live and Let Live, Whitbourne. BMMR.

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**MORNING WALK & TALK FROM THE POINT 4 - Thursday 19 October(see 3 August for details)**

**FRIDAY MORNING WALK – Friday 20 October – Hereford Group (see 1 September for details)**

### **RADNOR HILLS AND VALLEYS**

Date: **Saturday 21 October**  
Level: **Moderate to Strenuous**  
Distance: **9 miles**  
Meeting Place: **Water Break its Neck CP**  
Map/Grid Ref: **Exp200/SO 186598**  
Time: **10.00**  
Leader: **Mike Goodwin**  
Contact: **01568 616473 or 07947 000578**

### **Mortimer Group**

Walk over hills, mainly south of the A44.  
Black Yatt, Four Stones, Bryn -y-Maen,  
Return via water fall. Some strenuous sections. BPL.

### **EWYAS HAROLD TO BACTON**

Date: **Saturday 21 October**  
Level: **Moderate**  
Distance: **11 Miles**  
Meeting Place: **Ewyas Harold recreation ground**  
Map/Grid Ref: **OL13/SO 387288**  
Time: **10.00 (WRCP 09.15)**  
Leader: **Jan**  
Contact: **01981 580869 or 07497 778763**

### **Ross Group**

A hilly walk from Ewyas Harold common to Bacton church before descending to the Dulas Brook and returning again with a climb to the common. BPL. Registered Assistance Dogs only.

**TUESDAY MORNING WALK - Tuesday 24 October Ross Group (see 1 August for details)**

### **COURTYARD SUPPER SOCIAL**

Date: **Tuesday 24 October**  
Meeting Place: **Courtyard Theatre, Edgar Street, Hereford**  
Time: **18.30 to eat at 19.00**  
Contact: **Mary H 01432 357766**

### **Hereford Group**

Join us on the mezzanine floor where we have a table booked. Please book a place with Mary. [www.courtyard.org.uk](http://www.courtyard.org.uk) to view menu. Option to join us just for a drink

### **CIRCUIT FROM BLACKPOOL FORESTRY CAR PARK NEAR OVERTON**

Date: **Wednesday 25 October**  
Level: **Moderate**  
Distance: **7 miles**  
Meeting Place: **Blackpool car park**  
Map/Grid Ref: **Exp203 /SO 497718**  
Time: **10.00**  
Leader: **Mo**  
Contact: **01432 350516**

### **Hereford Group**

Car park is off B4361 between Richard's Castle and Overton.  
Pleasant walk round the Vinnals Loop in the Mortimer Forest. BPL.

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### **FRIDAY MORNING WALK – Friday 27 October – Hereford Group (see 1 September for details)**

#### **MORTIMER GROUP AGM**

**Saturday 27 October at 14:00** at Orleton Village Hall, SY8 4HW preceded by a 5-6 mile morning walk at 10.00.

#### **COUNTRYSIDE AROUND LLANFIHANGEL HILL**

Date:	<b>Saturday 28 October</b>	<b>Hereford Group</b>
Level:	<b>Moderate</b>	Coming from Kington on A44, lay-by is
Distance:	<b>9.5 miles</b>	on right about 1.5 miles past turn for
Meeting Place	<b>Lay-by west of New Radnor</b>	New Radnor. Outward leg is in valley
Map/Grid	<b>EXP200/SO 194593</b>	to west of Llanfihangel Hill, returning
Ref:		over Colva Hill and Caety Traylow.
Time:	<b>10.00</b>	BPL.
Leader:	<b>Anthea and Martin</b>	
Contact:	<b>01432 769470 or 07583 048409</b>	

### **TUESDAY MORNING WALK - Tuesday 31 October Ross Group (see 1 August for details)**

#### **PLEASE READ THESE IMPORTANT INSTRUCTIONS**

**General:** As a group member it is your responsibility to follow the leader's instructions for the benefit of the group as a whole. If you should leave the walk early, please notify the leader. Please do not walk in front of the leader. Keep in single file on all roads. Accidents or incidents that occur during the course of the walk, should be reported to the leader immediately. Persons under 18 must be accompanied by a responsible adult.

**Insurance:** All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

#### **Guidance on grades:**

**Easy Access;** Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections.

**Easy:** Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.

**Leisurely:** Walks for reasonably fit people with at least a little country walking experience. May include un-surfaced rural paths. Walking boots and warm, waterproof clothing recommended.

**Moderate:** Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country. Walking boots and warm, waterproof clothing essential.

**Strenuous:** Walks for experienced country walkers with above average fitness level. May include hills and rough country. Walking boots and warm, waterproof clothing essential.

**Transport/Car Parking:** Think green, try and car share. If you require a lift, contact the walk leader who may be able to organise a lift for you. Don't leave valuables in your car in full view of thieves, and remember to lock your car. Protect against theft or vandalism.

The pick-up point for Ross Group – WRCP = Wilton Road Car Park.

The pick-up point for Leadon Vale Group – BSCP = Bridge Street Car Park.

Colwall Station is to become an alternative car pick-up or car-share point for Leadon Vale. Exp 190 SO756425 Car Parking is free and it is served by a regular train service.

#### **Notes:**

For a full days walk bring a packed lunch = BPL - and plenty to drink.

For a half days walk bring a mid-morning refreshment = BMMR

Dogs: Can be taken on walks only with advance permission of the leader, but are generally welcome

**Remember:** If in doubt contact the walk leader before going, or check on the web site at

[www.herefordshireramblers.org.uk](http://www.herefordshireramblers.org.uk)