

# **HEREFORDSHIRE AREA WALKS PROGRAMME**

## **September 2017**

All members and non-members are welcome to walk with any group.

### **FRIDAY MORNING WALK**

Date:	<b>Friday 1 September</b>	<b>Hereford Group</b>
Level:	<b>Leisurely to moderate</b>	Short countryside walks. Dogs welcome on short leads. Contact Mary
Distance:	<b>4 – 5 miles</b>	W for details 01432 273432 or check your emails.
Time:	<b>10.00</b>	

### **HEREFORDSHIRE TRAIL: BURREINGTON – HIGH VINNALS**

Date:	<b>Saturday 2 September</b>	<b>Leadon Vale Group</b>
Level:	<b>Moderate</b>	We head westwards to Burrington to pick up the Herefordshire Trail through the forest as we return to High Vinnals.
Distance:	<b>6.5 miles</b>	BPL.
Meeting Place	<b>High Vinnals Car Park</b>	
Map/Grid Ref:	<b>Exp203/SO 473732</b>	
Time:	<b>10.00</b>	
Leader:	<b>Tom</b>	
Contact:	<b>01886 821544</b>	

### **HAY HO! BUS WALK - PETERCHURCH TO DORSTONE**

Date:	<b>Sunday 3 September</b>	<b>Hereford Group</b>
Level:	<b>Moderate</b>	Members from elsewhere can park in Peterchurch and catch the bus back from Dorstone . Walk via Snodhill and Herefordshire Trail to Dorstone. Time for a drink in Dorstone before catching the bus back to Hereford (arr 1600).
Distance:	<b>5.5 miles</b>	BPL.
Meeting Place	<b>Hereford Railway Station (and stops on 39A bus route)</b>	
Map/Grid Ref:	<b>EXP189/SO 515405</b>	
Time:	<b>10.15</b>	
Leader:	<b>Les</b>	
Contact:	<b>01584 877588</b>	

### **GRWYNE FAWR VALLEY**

Date:	<b>Sunday 3 September</b>	<b>Ross Group</b>
Level:	<b>Strenuous</b>	From the Grwyne Fawr, through the woods to 550m...down to the Grwyne Fechan Valley, a bit of road walking in the valley...up the side of Cwm Banw from Ty Croes Farm, a steep ascent up to Pen Carrig Calch (701m) and return to the cars via the Beacons Way. BPL
Distance:	<b>13 miles</b>	
Meeting Place	<b>Pont Cadwgan car park</b>	
Map/Grid Ref:	<b>OL13/SO 267251</b>	
Time:	<b>10.00 (WRCP 08.45 )</b>	
Leader:	<b>Terry</b>	
Contact:	<b>07794 145134 or 01981 500398</b>	

### **TUESDAY MORNING WALK - Tuesday 5 September Ross Group (see 1 August for details)**

### **TEA SHOP WALK FROM DOM'S BIKESTOP NEAR LEOMINSTER**

Date:	<b>Wednesday 6 September</b>	<b>Hereford Group</b>
Level:	<b>Moderate</b>	Park at Dom's – from Leominster Bypass take A44 - café is well signed at junction with the Stoke Prior Rd. Walk to visit Bache Camp via Hamnish Clifford, return along Herefordshire Trail. On return, everyone is expected to buy cake and tea at this delightful al fresco café. BPL.
Distance:	<b>8 miles</b>	
Meeting Place	<b>Dom's Bikestop, Eaton</b>	
Map/Grid Ref:	<b>EXP202/SO 508585</b>	
Time:	<b>10.00</b>	
Leader:	<b>Lynne and Mary</b>	
Contact:	<b>01432 271769 or 357766</b>	

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**MORNING WALK AND TALK FROM THE POINT 4 Thursday 7 September (see 3 August for details)**

**ROSS GROUP COFFEE & CHAT Thursday 7 September (see 3 August for details)**

**FRIDAY MORNING WALK – Friday 8 September – Hereford Group (see 1 September for details)**

### **HEREFORDSHIRE AREA WEEKEND AWAY IN ABERYSTWYTH**

**Friday 8, Saturday 9 and Sunday 10 September**

**We have exclusive use of Plas Dolau; a country mansion set in its own grounds 3 miles east of Aberystwyth. Walks will be on the Ceredigion coast path and the area near to Devils Bridge, with some choice of walk length.**

**There are only a few places left, so if interested contact John A.W. for further details (01432 355833).**

#### **BROMYARD FOLK FESTIVAL WALK**

Date: **Saturday 9 September**  
Level: **Easy**  
Distance: **5 miles**  
Meeting Place: **Festival CP, Broadbridge, Bromyard**  
Map/Grid Ref: **Exp202/SO 659549**  
Time: **10.00**  
Leader: **Tom**  
Contact: **01886 821544**

#### **Leadon Vale Group**

Our annual Folk Festival stroll will enjoy the heights of Bromyard Downs and Warren Farm, before returning to Bromyard via Buckenhill. BMMR.

#### **CHURCHAM TO MINSTERWORTH**

Date: **Saturday 9 September**  
Level: **Moderate**  
Distance: **7.5 miles**  
Meeting Place: **Churcham church car park**  
Map/Grid Ref: **OL14/SO 769182**  
Time: **10.00 (WRCP 09.20)**  
Leader: **Mary**  
Contact: **01989 565888**

#### **Ross Group**

Mostly flat walk in a pretty area to Minsterworth, along the river and back up to the church. BPL.

**AFTERNOON TEA AT THE KOFFIE POT, GWYNNE STREET, HEREFORD.**

**Monday 11 September at 14.30. Dogs welcome, if under control. Mary H - Tel 01432 357766.**

**TUESDAY MORNING WALK - Tuesday 12 September Ross Group (see 1 August for details)**

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### **FRIDAY MORNING WALK – Friday 15 September – Hereford Group (see 1 September for details)**

#### **WINCHCOMBE**

Date: **Saturday 16 September**  
Level: **Moderate**  
Distance: **7 miles**  
Meeting Place: **Back Lane Pay & Display CP (£1)**  
Map/Grid: **OL45/SP 023285**  
Ref:  
Time: **10.00**  
Leader: **Sue**  
Contact: **01789 763942/on day 07786 590780**

**Leadon Vale Group**  
A varied walk with lovely views over 2 valleys. Uphill pull close to start. BPL.

### **TUESDAY MORNING WALK - Tuesday 19 September Ross Group (see 1 August for details)**

#### **LEDBURY TO WELLINGTON HEATH**

Date: **Wednesday 20 September**  
Level: **Moderate**  
Distance: **4 – 5 miles**  
Meeting Place: **Ledbury Market House**  
Map/Grid: **Exp190/SO 712377**  
Ref:  
Time: **10.00**  
Leader: **Mary**  
Contact: **01684 541071**

**Leadon Vale Group**  
A morning walk from Ledbury to Wellington Heath, through Frith Wood, returning through fields and tracks. Optional refreshments on return. BMMR.

### **MORNING WALK & TALK FROM THE POINT 4 - Thursday 21 September (see 3 August for details)**

### **FRIDAY MORNING WALK – Friday 22 September – Hereford Group (see 1 September for details)**

#### **COLWALL – CODDINGTON CIRCULAR**

Date: **Saturday 23 September**  
Level: **Moderate**  
Distance: **8 miles**  
Meeting Place: **Colwall Station**  
Map/Grid: **Exp190/SO 755424**  
Ref:  
Time: **10.00**  
Leader: **Jan**  
Contact: **01531 634527 or 07980 572535**

**Leadon Vale Group**  
We go from Colwall to Coddington and back on footpaths lanes. Lots of footbridges. BPL.

#### **STOW AND BUCKNELL HILLS**

Date: **Saturday 23 September**  
Level: **Moderate**  
Distance: **8 miles**  
Meeting Place: **Bucknell School**  
Map/Grid: **EXP 201/SO 356737**  
Ref:  
Time: **10.00**  
Leader: **Eileen & Margaret**  
Contact: **01432 830569 or 01905 426402**

**Mortimer Group**  
Following lanes and tracks to Stow then up Holloway rocks to Stow Hill. Down to Lye, up Honeyhole and over Bucknell Hill to return. BPL.

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### **TUESDAY MORNING WALK - Tuesday 26 September Ross Group (see 1 August for details)**

#### **COURTYARD SUPPER SOCIAL**

Date:	<b>Tuesday 26 September</b>	<b>Hereford Group</b>
Meeting Place:	<b>Courtyard Theatre, Edgar Street, Hereford</b>	Join us on the mezzanine floor where we have a table booked. Please book a place with Mary. <a href="http://www.courtyard.org.uk">www.courtyard.org.uk</a>
Time:	<b>18.30 to eat at 19.00</b>	to view menu. Option to join us just for a drink
Contact:	<b>Mary H 01432 357766</b>	

### **FRIDAY MORNING WALK – Friday 29 September – Hereford Group (see 1 September for details)**

#### **HAY TO HAY BLUFF**

Date:	<b>Saturday 30 September</b>	<b>Hereford Group</b>
Level:	<b>Moderate</b>	Walk out via Hay Common, Wernwood and Penlan. Return on Offa's Dyke Path. Ascent 1500 ft. BPL.
Distance:	<b>9.5 miles</b>	
Meeting Place:	<b>Main entrance to Hay Car Park</b>	
Map/Grid:	<b>Exp201/SO 229422</b>	
Ref:		
Time:	<b>10.00</b>	
Leader:	<b>John A. W.</b>	
Contact:	<b>01432 355833 or 07779 508204</b>	

#### **WYNDCLIFF, ST ARVANS AND PIERCEFIELD**

Date:	<b>Saturday 30 September</b>	<b>Ross Group</b>
Level:	<b>Moderate</b>	This walk takes in part of the historic Piercefield Park, which overlooks the Lancaut Peninsula. Climb to The Eagle's Nest viewpoint and return by The 365 Steps, weather permitting.
Distance:	<b>7 to 8 Miles</b>	BPL
Meeting Place:	<b>Lower Wyndcliff car park, Tintern</b>	
Map/Grid:	<b>OL14/ST 526971</b>	
Ref:		
Time:	<b>10.00 (WRCP 09.00)</b>	
Leader:	<b>Sally</b>	
Contact:	<b>01989 565687</b>	

#### **PLEASE READ THESE IMPORTANT INSTRUCTIONS**

**General:** As a group member it is your responsibility to follow the leader's instructions for the benefit of the group as a whole. If you should leave the walk early, please notify the leader. Please do not walk in front of the leader. Keep in single file on all roads. Accidents or incidents that occur during the course of the walk, should be reported to the leader immediately. Persons under 18 must be accompanied by a responsible adult.

**Insurance:** All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

#### **Guidance on grades:**

**Easy Access;** Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections.

**Easy:** Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.

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**Leisurely:** Walks for reasonably fit people with at least a little country walking experience. May include un-surfaced rural paths. Walking boots and warm, waterproof clothing recommended.

**Moderate:** Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country. Walking boots and warm, waterproof clothing essential.

**Strenuous:** Walks for experienced country walkers with above average fitness level. May include hills and rough country. Walking boots and warm, waterproof clothing essential.

**Transport/Car Parking:** Think green, try and car share. If you require a lift, contact the walk leader who may be able to organise a lift for you. Don't leave valuables in your car in full view of thieves, and remember to lock your car. Protect against theft or vandalism.

The pick-up point for Ross Group – WRCP = Wilton Road Car Park.

The pick-up point for Leadon Vale Group – BSCP = Bridge Street Car Park.

Colwall Station is to become an alternative car pick-up or car-share point for Leadon Vale. Exp 190 SO756425  
Car Parking is free and it is served by a regular train service.

**Notes:**

For a full days walk bring a packed lunch = BPL - and plenty to drink.

For a half days walk bring a mid-morning refreshment = BMMR

Dogs: Can be taken on walks only with advance permission of the leader, but are generally welcome

**Remember:** If in doubt contact the walk leader before going, or check on the web site at

[www.herefordshireramblers.org.uk](http://www.herefordshireramblers.org.uk)